

Calling all Carers **Somerset** aged between 40-74 years old



Many people
don't realise
they are a
carer



If you look after another adult who cannot manage for themselves—it could be your partner, a relative, friend or neighbour;

and

you don't already have a medical condition currently being treated yourself

then you are entitled to

a Free NHS Health Check

We realise, you need caring for, too

All you need to do is register as a carer with your GP



For more information ask to speak to the **Carer Champion** at your GP Practice

