

**MINUTES OF THE**  
**REDGATE MEDICAL CENTRE/SOMERSET BRIDGE MEDICAL CENTRE**  
**PATIENT PARTICIPATION GROUP MEETING**  
**HELD ON WEDNESDAY 6<sup>TH</sup> FEBRUARY 2019**  
**AT SOMERSET BRIDGE MEDICAL CENTRE**

**Present:**

Sue Boulton, Patient Rep, RMC

John Sealey, Patient Rep, RMC

Elsa Gell, Patient Rep, SBMC

John Mitchell, Patient Rep, SBMC

Kathy Bartley, Practice Manager

Allison Scott, Receptionist/Carers Champion

**1 Apologies**

Apologies were received from Clair Brown

AS to contact Phyllis after the meeting to see how things are with her.

**2. Matters Arising from the Minutes of the last Meeting**

Fit for my Future– KB shared the contents of a recent communication briefing received from Somerset CCG following the 18 drop-in sessions that were held around the county last Autumn to help shape the new joint health and social care strategy for Somerset. Copy attached.

Pilates – KB has put forward an application to Homes in Sedgemoor’s ‘Make a Difference Fund’ to financial support the practice in being able to provide pilates taster sessions for its patients and those living in the local area. JM queried whether under the terms of the funding application whether a minimum number are required to attend classes. KB confirmed that this was not stipulated on the application form.

SASP – KB recently met with Laura from SASP who confirmed that the perinatal project was now due to start on 25<sup>th</sup> February. The aim of the project is to develop networks for mums-to-be through weekly support sessions during their pregnancy, which they will carry on post delivery. Weekly sessions will be led by a midwife.

**3. Practice Update**

Staffing – KB reported that Alex, Practice Nurse would be leaving the practice next month to take up a post at Musgrove Park Hospital. Jo, Receptionist/Prescribing Clerk would also be leaving the team

to help establish a family-run catering business. The practice is currently seeking to appointment to both positions.

A number of Paramedic Students are currently on placement in the practice. Feedback from both the students themselves and the patients has been very good.

#### **4. Patient Survey – Social Prescribing**

Following discussion at the previous meeting a draft patient survey was presented to the group for discussion. The aim of the survey would be to:-

- a) gauge patients level of understanding of social prescribing,
- b) provide a reminder of what activities are currently being provided by the practice
- c) identify any potential barriers patients have to accessing social prescribing activities
- d) identify any additional social prescribing needs
- e) invite patients to get involved in activities currently being provided

Members of the group agreed they were happy with the wording of the survey and agreed that it should be circulated for a period of 1 month.

Action:

KB/AS to arrange for surveys to be completed by patients attending appointments.

KB to upload survey onto the practice website.

#### **5. Bridgwater Practices PPG Get-Together**

It was suggested and agreed that representatives from other PPGs could be invited to our April PPG meeting, at which the results of the Social Prescribing Patient Survey could be shared and a discussion on how practices could become involved.

Action: KB/AS to liaise with other local practices.

#### **6. Any Other Business**

None

#### **7. Date and Time of Next Meeting**

Wednesday 13<sup>th</sup> March 2019, 10.30 am, Redgate M/C